



CATHOLIC CHARITIES

Mission

Catholic Charities Community Services of Orange and Sullivan, as one of the human service agencies of Catholic Charities of The Archdiocese of New York, is committed to building a compassionate and just society. CCCSOS serves the homeless, the hungry, the emotionally and physically handicapped, as well as immigrants, and the marginalized and vulnerable of Orange and Sullivan Counties. We collaborate with both parishes and non-Catholic partners alike to help people of all religions who are in need. Services are available regardless of ability to pay.



Clinic Locations

Goshen

27 Matthews St., Goshen
845.294.5888

RESTART*

at Orange-Ulster BOCES
4 Harriman Drive, Goshen
845.291.0200

Middletown

305 North St., Middletown
845.343.7675

Monroe

101 Carpenter Pl., Monroe
845.782.0295

Newburgh

280 Broadway, Newburgh
845.562.8255

Gateway Clinic*

280 Broadway, Newburgh
845.562.8255

Port Jervis

17 Sussex St., Port Jervis
845.856.6344

Walden

8 Scofield St., Walden
845.778.5628

Monticello

396 Broadway, Monticello
845.794.8080



Administrative Offices

27 Matthews Street
Goshen, NY 10924
848-294-5124
Fax: 845-294-1369

www.cccsos.org



PROUD TO SUPPORT WELCOME ORANGE

ADOLESCENT TREATMENT SERVICES



www.cccsos.org

Payments Accepted

Most Private Insurance
Medicaid

Self-Pay
Sliding Scale

No person will ever be denied service due to ability to pay.

*While all locations offer adolescent services, RESTART and Gateway are specialized adolescent treatment service locations.

Catholic Charities Community Services of Orange and Sullivan

provides outpatient services designed specifically to assist adolescents (up to age 18) suffering from the disease of addiction. Utilizing evidence-based best practices that are tailored to meet the youth's needs, Catholic Charities follows a trauma-informed care model that includes Cognitive Behavioral Therapy, Motivational Interviewing, and Mindfulness to help adolescents navigate the obstacles of daily life.



YOUTH DRUG USE STATISTICS

According to the National Institute of Drug Abuse (www.drugabuse.gov):

- 15% of 8th graders and 39% of 12th graders have used drugs in the past year.
- 21% of 8th graders and 58% of 12th graders have abused alcohol in the past year.
- Marijuana is the most commonly used illegal drug; 31% of 10th graders admit to trying it.
- Marijuana use is linked to lower grades and higher dropout rates.
- 4.2 million Americans age 12 and older have used heroin at least once in their life.
- Prescription drugs are the most commonly abused substance by teens after marijuana and alcohol.
- 23% of heroin users will become addicted. Overdose can occur with the first use.
- Scientific evidence shows that with intervention, teens who learn self control make better life choices, including stopping drug use and staying in school.

ASSESSMENT

Comprehensive clinical assessments include toxicology screenings and family involvement. They are designed to identify substance use and mental health disorders in adolescents.

Following assessment, a therapist will work with each adolescent and their family members to determine an individualized treatment plan.

TREATMENT

Our experienced clinicians work in collaboration with each adolescent, their family, school, and community partners to assist with the goal of recovery.

Treatment Modalities

- Individual Therapy
- Group Therapy
- Family Therapy
- Random Drug Screening
- Medication Assisted Treatment

Focus of Treatment

- Substance Abuse Education
- Relapse Prevention
- Life Skills Development
- Recovery-Oriented/Trauma Informed Care
- Coping Skills
- Stress Reduction Management
- Anger Management
- Emotional Self-Regulation

SERVICES FOR SIGNIFICANT OTHERS

Family involvement is a key component of our treatment approach. Support for loved ones affected by another family member's substance or alcohol use is encouraged and available through Catholic Charities.

COMMUNITY ALLIANCE

The Catholic Charities team works in collaboration with:

- Families
- Schools
- Community Partners
- Treatment Providers
- Probation and Court
- Preventive Services
- Social Services

SPECIALIZED TREATMENT FOR ADOLESCENTS

In addition to services for adolescents (18 and under) at all of our locations, Catholic Charities offers two specialized program locations. Services include early intervention, clinical assessment, substance abuse treatment, and individual, group, and family therapy for youth. Our treatment approach includes community prevention and collaboration with community partners, school districts, courts, and the criminal justice system. Family and self-referrals are encouraged.

RESTART

Orange-Ulster BOCES and Catholic Charities partner to provide the RESTART program for students dealing with addiction who require an educational alternative. RESTART's daily structure includes: education, group and individual therapy, relapse prevention, skill building, self assessment, and self-image training. The program is designed for students who would benefit from a structured day schedule that includes education and substance abuse treatment. Approval from the parent or guardian and the home school district is required.

GATEWAY

The Gateway Clinic for Adolescents provides a treatment option for young people who have been referred by family members, social service providers, or their school.

Gateway offers a comfortable, welcoming environment focused on the needs of young people coping with addiction and the families and loved ones who support them

