

COPING WITH COVID VIRTUAL SUPPORT GROUP

COVID-19 HAS CHANGED LIFE AS WE KNOW IT.

*If you are struggling due to the death of a loved one
or the effects of COVID,
Catholic Charities can help.*

*We invite anyone struggling with the pandemic to join
the Coping with COVID Virtual Support Group.*

**JOIN THE GROUP, SECURELY VIA ZOOM*
THE FOLLOWING THURSDAYS, 5:00 - 6:30 PM**

JAN 6 & 20
FEB 3 & 17
MAR 3 & 17
APR 7 & 21

MAY 5 & 19
JUN 2 & 16
JUL 7 & 21
AUG 4 & 18

SEP 8 & 22
OCT 13 & 27
NOV 3 & 17
DEC 1 & 15

Facilitated by Gae Savino, LCSW, CT.

For more information and to register,
please contact Gae at: 914.391.5966



TALK. SHARE. SUPPORT.



**CATHOLIC
CHARITIES**

ORANGE • SULLIVAN • ULSTER

Providing Help. Creating Hope.

*HEALTHCARE VERSION FOR ADDED PRIVACY AND SECURITY.