

Clinic Locations

Goshen

27 Matthews St., Goshen
845.294.5888

RESTART

at Orange-Ulster BOCES
4 Harriman Drive, Goshen
845.291.0200

Middletown

305 North St., Middletown
845.343.7675

Monroe

101 Carpenter Pl., Monroe
845.782.0295

Newburgh

280 Broadway, Newburgh
845.562.8255

Gateway Clinic for Adolescents

280 Broadway, Newburgh
845.562.8255

Port Jervis

17 Sussex St., Port Jervis
845.856.6344

Walden

8 Scofield St., Walden
845.778.5628

Monticello - Outpatient

396 Broadway, Monticello
845.794.8080 X191

Monticello - Residential

17 Hamilton Ave., Monticello
845.794.8080 X132

(Medically Monitored and Supervised Detox, Community Residence, and Day Rehab available at Monticello locations.)

CATHOLIC CHARITIES Mission

Catholic Charities Community Services of Orange and Sullivan, as one of the human service agencies of Catholic Charities of The Archdiocese of New York, is committed to building a compassionate and just society. CCCSOS serves the homeless, the hungry, the emotionally and physically handicapped, as well as immigrants, and the marginalized and vulnerable of Orange and Sullivan Counties. We collaborate with both parishes and non-Catholic partners alike to help people of all religions who are in need. Services are available regardless of ability to pay.



Administrative Offices

27 Matthews Street, Goshen, NY 10924
848-294-5124
Fax: 845-294-1369

www.cccsos.org



PROUD TO SUPPORT WELCOME ORANGE

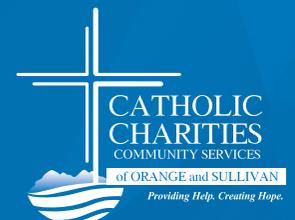
Catholic Charities Community Services of Orange and Sullivan is licensed and funded by the New York State Office of Alcohol and Substance Abuse Services and operates as a contract affiliate of the Orange County Department of Mental Health.



SUBSTANCE USE TREATMENT

HOPE & RECOVERY

www.cccsos.org



Payments Accepted

Most Private Insurance
Medicaid

Self-Pay
Sliding Scale

No person will ever be denied service due to ability to pay.

All clinic locations provide treatment for adolescents, and specialized adolescent programming is available at our Gateway Clinic and RESTART. For more information about treatment services especially for adolescents, contact **845.294.5888**.

School-based alcohol and substance use prevention, early intervention, and treatment services are also available. For more information about Prevention Services, call **845.569.0034** (Orange County) or **845.794.8080** (Sullivan County).

Catholic Charities Community Services of Orange and Sullivan

provides a comprehensive continuum of services to assist individuals suffering from the disease of addiction, those in recovery who need additional support, and family members and loved ones who care. Utilizing evidence-based best practices that are tailored to meet the individual's needs, Catholic Charities follows a trauma-informed care model that includes Cognitive Behavioral Therapy, Motivational Interviewing, and Mindfulness to help the recovery-focused person navigate the obstacles of daily life.

PHILOSOPHY AND TREATMENT

Substance use disorders are chronic, progressive, and potentially fatal diseases which disrupt the health, safety, and quality of life for all who are touched by them. Untreated, the illness results in the social, physical, emotional, and spiritual destruction of the individual and loved ones.

Persons who have been affected by a substance use disorder, and the loved ones who care for them, may receive treatment at one of Catholic Charities locations in Orange and Sullivan Counties. Outpatient Treatment Services are available in Goshen, Middletown, Monroe, Monticello, Newburgh, Port Jervis, and Walden. Medically Monitored/Medically Supervised Detox Services, Community Residence, and Day Rehab are available in Monticello. Catholic Charities provides a comprehensive continuum of care for those seeking recovery.

ASSESSMENT

Comprehensive clinical assessments, which include toxicology screenings and family engagement, are designed to identify substance use and mental health disorders. Following assessment, a therapist will work with the individual to develop individualized treatment recommendations.

Specialized services include:

- Psychiatric consultation
- Psychopharmacology
- Individual and family therapy
- Group therapy
- Psycho-educational and specialized groups
- Co-occurring mental health disorder groups
- DWI and court-ordered evaluations
- Toxicology screening
- Referral services

SERVICES FOR SIGNIFICANT OTHERS

Family involvement is a key component to our treatment approach. Support for loved ones who are affected by another family member's, or significant other's, substance or alcohol use is also encouraged and available.

COMMUNITY ALLIANCE

Catholic Charities encourages a holistic approach to recovery, focusing on the whole person and collaborating with other community partners to address multiple aspects of an individual's life. We work closely with:

- Families
- Schools
- Community Partners
- Treatment Providers
- Probation and Court Services
- Preventive Services
- Social Services



Recovery is a complex and individualized process. Treatment addresses the unique needs of each person we serve and takes into consideration social, cultural, familial, and genetic factors. As a result, length of treatment will vary by individual.

CONTINUUM OF CARE – TREATMENT SERVICES

Crisis Services Unit (CSU)

Located at Catholic Charities' Monticello campus, the Crisis Services Unit includes both Medically Supervised Detox and Medically Monitored Withdrawal programs that include medical stabilization of withdrawal symptoms, individual,

group, and motivational counseling, medical screening, assessment, and referrals. Services are individualized, based on a comprehensive evaluation.

Community Residence

A comprehensive Residential Program for men and women is located at the Monticello campus. This program offers individualized length of stay and includes simultaneous treatment in our Day Rehabilitation. In addition to a full range of counseling services, areas of focus for these programs include daily and independent living skills, community competency, counseling, self-help involvement, vocational education, and health services.

Community-Based Supportive Housing

Supportive Housing Program apartments are available throughout Sullivan County to foster independent living for those recovering from addiction, as well as for those who have co-occurring mental health issues. Rental subsidies are funded by HUD and eligibility and participation requirements apply.

Day Rehab

Catholic Charities' Monticello location offers intensive Day Rehab up to five days a week, five hours a day, with group and individual counseling. Day Rehab clients also have access to health services, high school equivalency exam preparation, vocational and job readiness training, recreation, and art therapy. Enhanced services are available for individuals coping with both substance use and mental health disorders.

Outpatient Clinic

For those who are contemplating recovery or are already in the recovery process, Catholic Charities offers specialized services to assist individuals with their journey through recovery. These services include individual, group, and family therapy. Individual therapy focuses on reducing or eliminating substance use, skill building, adherence to a recovery plan, and social, family, and professional/educational outcomes. Group therapy is utilized in conjunction with individual therapy to provide social reinforcement for pursuit of recovery. Our clinicians provide a variety of services to people in treatment for substance use disorders, including assessment, treatment planning, and counseling.

Outpatient assistance for problem gamblers is also available at our Monticello location.